

Pain & Opioid Management Resources for WA State Providers



Website: <https://tinyurl.com/UWTelePaincare>

Video Overview: [TelePain-Overview-2021-05-05.mov](#) | [Cirgfolk \(vids.io\)](#)

Chronic pain management is complex! The pain experience is different and there is no one-size-fits-all solution. Opioid alternatives for chronic and complex pain are far safer and likely more effective.

The University of Washington Pain team continues to support you as you work with your patients to improve their pain management, function and quality of life.

Provider Hotline for Pain/Opioid Management Advice

8.30am – 4.30pm Mon-Fri, excluding holidays

Email: painhotline@uw.edu

Call 844-520-PAIN (7246)



Free clinical advice for all WA providers caring for patients with complex pain medication regimens, high risk comorbidities, and high dose opioids.

*Meets WA State expert pain consultation requirements for patients with an MED>120 (WAC 246-853-735)

Consultations may address:

- Opioid conversions and transitions
- Opioid taper plans
- Withdrawal management
- Non-opioid treatment options
- Complex behavioral problems
- Interpreting the WA PMP
- Concurrent substance use disorders
- Education on opioid guidelines

UW Medicine is not able to take over prescribing of opioids or other medications. Pain pharmacists and physicians are consultants to help guide providers, and are not liable for any information provided. Although this consultation satisfies a pain specialist consultation (WAC 246-853-750), it does not constitute a patient/provider relationship.

UW TelePain

Wednesdays 12:00pm – 1.00pm (QA 1-1.30pm)

Email: telepain@uw.edu



Free, collegial, live & interactive videoconference open to ALL clinicians, clinical staff and trainees.

Expert panel: Pain Medicine, Psychiatry, Rehabilitation Medicine, Family Medicine, Anesthesia and Pain Psychology.

- * On-the-spot consultative advice on your difficult cases.
- * Clinical tools to assess pain levels, treatment & outcomes.
- * Build knowledge & confidence in pain management.

*****Satisfies requirement of Pain Specialist Consultation per WAC 246-919-930*****

* No patient identifiers used.

Weekly pain didactics aimed at primary care listeners:

- Managing High Dose Opioids
- When Pain Becomes Opioid Use Disorder
- Controlled Substance Agreements
- Urine Drug Testing
- Cannabis and Pain
- Drug Diversion
- Overdose Risks
- Managing Comorbid Mental Health Disorders
- Pain Disability
- Pain Functional Assessments
- CBT for Pain
- Integrative Pain Management

CME Credit Available for TelePain Attendees

The University Of Washington School Of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University Of Washington School Of Medicine designates this live activity for a maximum of 73.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. (Each session 1.5 credits).